



GENTLE HANDS HOME SUPPORT *receives* PREMIUM AWARD FOR TAILORED IN-HOME SUPPORT-NOTTINGHAM 2026

Gentle Hands Home Support is a Nottinghamshire-based home support provider that has quickly become recognised for delivering compassionate, person-centred support services tailored to individuals who wish to remain independent in the comfort of their own homes. Founded by experienced care professional Jason Watmore, the company was established with a clear mission to provide flexible, reliable, and dignified support for clients. Drawing on years of leadership experience within the care sector, Jason has built a service that prioritises empathy, independence, and meaningful community connection.

Gentle Hands Home Support specialises in delivering tailored micro-support services designed around the unique needs of each client. Unlike traditional care models, the company focuses on highly personalised support that allows individuals to maintain control over their daily lives while receiving practical assistance and companionship. Services can range from just one hour per week to more regular daily support, ensuring flexibility for clients and their families. The organisation's commitment to inclusion and personalised service means that support plans are created collaboratively, involving clients and important people within their lives to ensure every aspect of care reflects personal preferences and goals.

The company provides a wide range of home support services, including companionship support, dementia support, respite care, medication assistance, housekeeping, gardening, and transitional support following illness or hospital discharge. Gentle Hands Home Support also assists individuals with attending appointments, social activities, and community engagement, helping to reduce feelings of loneliness and social isolation. Their emphasis on companionship and emotional wellbeing is particularly valuable for elderly individuals who wish to continue living independently while remaining connected to their communities and loved ones.



At the centre of the business is founder Jason Watmore, whose lifelong passion for supporting older people has shaped the company's ethos and direction. Jason brings extensive experience to the organisation, having previously worked as a CQC Registered Manager, Responsible Individual, and leader within residential care, domiciliary care, supported living, mental health services, and learning disability support. His broad background within the health and social care sector has given him a deep understanding of the challenges individuals and families face when seeking high-quality home support.

Jason's dedication to improving the lives of vulnerable individuals has made him an inspiration within the local Nottingham community. His person-centred philosophy focuses not only on practical support but also on empowering people to maintain dignity, independence, and confidence in their everyday lives. Through Gentle Hands Home Support, Jason has created a service that genuinely listens to people, values their voices, and goes beyond basic support to build trusted relationships with clients and families alike. His commitment to compassionate care and community wellbeing has earned admiration from local residents and those working within the wider care sector.

The company's reputation for excellence continues to grow, supported by its dedication to high-quality support and customer-focused service. That being said, we at E2 Media are delighted to announce that Gentle Hands Home Support have been given one of our prestigious Premium Awards for Tailored In-Home Support – Nottingham 2026. The award celebrates the organisation's exceptional contribution to community-based support services and highlights the outstanding leadership and dedication shown by Jason Watmore and his team.

By combining compassion, professionalism, and flexibility, Gentle Hands Home Support continues to make a meaningful difference to people's lives throughout Nottinghamshire. The company's personalised approach, strong community values, and commitment to helping individuals remain independent at home have firmly established it as a trusted and respected provider within the local care sector.